respectne scotland's Anti-Bullying Service

Guidance for Practitioners

The simplest way to use this resource is to watch the film with a group of young people and then facilitate a discussion and debate around the core themes of Respect, Fear and Bullying Behaviour. A range of questions to support you with this are outlined below.

As a practitioner we recommend that you watch the film and take notes on the content before working with your group. A full script of the drama has been provided to support you. It is important that the young people you are working with know that they will be asked to discuss questions about the film afterwards. While they should be encouraged to discuss the questions openly we would suggest that you take time to consider the questions beforehand and the kinds of responses that might come up.

Sharing your own views about the questions can be helpful but young people must be allowed to lead and contribute to the discussion as much as possible. There are no right or wrong answers, the focus should be on encouraging young people to think for themselves and share their feelings and views on the themes as well as their own attitudes and behaviours.

Questions for Discussion – The Film

- How do you feel after watching the film?
- What do you think are the most important issues it raises?
- Did any particular scenes stand out for you? Can you tell us why? How did you feel when watching these scenes?
- What do you think the point of the masks was in the film?
- Do you think that people sometimes put on different masks depending on who is around?
- Is this something that you feel pressured to do? How does this affect how you feel? And how you behave?
- How do you think Andy felt at the end of the film?
- How would you feel in Andy's situation?
- What might make it difficult for Andy to do what he thinks is best?
- What would you do if you were faced with the same choice as Andy? What would the consequences of this be? What might the consequences be if you made a different choice?
- Have you been in a situation before when you have felt like this? What was this like and how did you deal with it?

Questions for Discussion – Bullying

- What kinds of bullying behaviour did you see take place in the film?
- What effect did these behaviours have on how Andy felt and acted?
- What choices did Andy have about the bullying behaviour? Do you think he could have done anything differently?
- What about the people who saw the bullying? Do you think they should have responded differently?
- What choices do you have when you see someone being bullied?
- What choices do you have if you are being bullied?
- Is it always easy to talk to someone?
- Who would you go to if you were being bullied?
- What might make telling someone you are being bullied difficult? What could you do to overcome this?
- What can adults/your school/organisation do to help deal with bullying and make it easier to talk about?
- What can young people do to help deal with bullying?