

Bullying...It's Never Acceptable Programme

Title	Bullying... It's Never Acceptable
Duration	10:00am – 4.15pm
Programme Aim	To introduce you to bullying behaviours and the range of practices that can be used to address bullying
Programme Objectives	<ul style="list-style-type: none"> • Interpret behaviours to distinguish what bullying behaviour is and what it is not • Recognise prejudice-based bullying and the value of embracing diversity • Recognise cyberbullying • Recognise that bullying is a breach of children's rights • Identify the signs that bullying may be taking place • Explain the factors that may lead to a person bullying • Recognise the effects that bullying can have on mental health and well-being and appreciate the journey of recovery • Describe anti-bullying strategies that can be used to inform policies and put them into practice
Activity Duration	Training Activity
10:00am – 11:10am	<p style="text-align: center;">Welcome and Icebreakers Outcomes and Programme About <i>respectme</i> Attitudes What do we mean by bullying? Prejudice-based bullying</p>
11:10am – 11:25am	Break
11:25am – 12:30pm	<p style="text-align: center;">Cyberbullying Why do People Bully? Bullying and Children's Rights</p>
12:30pm – 1.15pm	Lunch
1.15pm – 2.45pm	<p style="text-align: center;">Signs, Impacts and Outcomes Culture Policy Practice</p>
2.45pm – 3.00pm	Break
3.00pm – 4.15pm	<p style="text-align: center;">Response, Resilience & Recovery Case Studies Close & Evaluations</p>